

HEALTH AND SOCIAL CARE SCRUTINY COMMITTEE
Wednesday, 10 February 2021

Minutes of the meeting of the Health and Social Care Scrutiny Committee held at
VIRTUAL MEETING – ACCESSIBLE REMOTELY on Wednesday, 10 February
2021 at 11.00 am

Present

Members:

Michael Hudson (Chairman)
Wendy Mead
Andrew Mayer
Barbara Newman
Steve Stevenson

Officers:

Rofikul Islam	- Town Clerk's Department
Gemma Stokley	- Town Clerk's Department
Joseph Anstee	- Town Clerk's Department
Simon Cribbens	- Community & Children's Services
Ellie Ward	- Community & Children's Services
Ian Tweedie	- Community & Children's Services
Annie Roy	- Community & Children's Services
Jack Dunmore	- Strategic Estates Manager WEL CCG
Mark Golledge	- Neighbourhoods Programme City and Hackney
Greg Condon	- City and Hackney Clinical Commissioning Group

1. APOLOGIES

Apologies were received from Vivienne Littlechild and Chris Boden (Deputy Chairman).

2. MEMBERS' DECLARATIONS UNDER THE CODE OF CONDUCT IN RESPECT OF ITEMS ON THE AGENDA

The following declarations were made;

- Barbara Newman;
- Vivienne Littlechild;
- Steve Stevenson;

all declared they were resident in the City and patients of the Neaman Practice.

3. MINUTES

RESOLVED – That the public minutes of the meeting held on Tuesday, 3 November 2020 be agreed as a correct record.

Matters arising:

The Committee received the oral update from Assistant Director Partnerships & Commissioning that Hoxton Health had put in a bid to the City of London's Central Grant team to deliver footcare and chiropody in the community including home visits. The decision on the bid is pending.

4. **WORKPLAN**

The Committee noted the work plan and agreed that the following items are discussed in future meetings;

- Carers services and support
- St Bartholomew's Hospital (Barts) Minor Injuries Unit

5. **CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH (PRESENTATION)**

The Committee received an oral update from the Programme Manager, NHS City and Hackney Clinical Commissioning Group (CCG) on the Children and Adolescent Mental Health Services (CAMHS).

The CCG commissions a comprehensive CAMHS service to assess and treat young people with emotional, behavioural, or mental health difficulties. Tier 1 universal services are delivered through partners such as schools, GPs, children's centre, social workers; Tier 2 are early help and targeted services; Tier 3 services provide specialist treatments and Tier 4 provides inpatient treatment

In the current year Tier 2 First Steps had a reduction in referrals over the first lockdown period, but referrals have been significantly increasing since then and now back to normal levels for Q3. There are concerns, however, that the referral trajectory for Q4 is abnormally high.

Tier 3 Specialist CAMHS have seen a significant surge in referrals across City and Hackney for Q3 compared to previous years (almost double). Q4 is also projected to be abnormally high. The service is under significant strain but resources were being redirected to meet this surge in demand.

Referrals for self-harm and social problems have risen by 30%; depression, low mood/ anxiety by 40%; and eating disorder referrals have doubled. Referrals from the City of London are numerically very small given the population size

The Crisis Intervention service now operates from 9am to 9pm service, and this change has been made permanent. There is a need to have such service available around the clock due to the complex need.

The Committee was informed that of significant pressures on Tier 4 beds and paediatric units (NEL activity currently remains within target). Although there have not been any significant increases in admissions to tier 4, there has been a reduction in available beds due to COVID-19 restrictions, and a slowing down of flow, resulting in longer lengths of stay and fewer beds available for the usual number of admissions.

A Member asked how the young people are referred to the system. In response they were advised that CAMHS operates a "no wrong door" approach, and

services are widely promoted through schools, GPs, children's centres, social work teams and other partners. A young person can also self refer. The referral approach is under review with a plan to introduce a "single point of access" approach.

RESOLVED – that, the oral update be received.

6. HOSPITAL DISCHARGE REPORT

The Committee received a report of the Director of Community and Children's Services on the Hospital Discharge. The report outlines an approach to the Hospital Discharge Process during the COVID-19. The model has been reviewed, and changes have been made following the Government guidelines.

The Committee was advised that before March 2020 City of London Adults Duty team were available during the core hours of 09:00 and 17:00 Monday to Friday to liaise with hospitals and ensure appropriate services were in place to facilitate safe discharge. The discharges themselves could take place outside of these hours.

A Member noted that it is vital to ensure that the social care package should also kick in as soon as a patient is discharged from the hospital. The Adults Service Manager noted that social workers are available to assist with the discharges.

RESOLVED – that, Members noted the report.

7. WEL ESTATES UPDATE TO COL - TOWER HAMLETS GOODMAN'S FIELDS PROJECT UPDATE

The Committee received a report of the Strategic Estates Manager WEL CCG on the Goodman's Fields Health Centre Project.

The report updated Members on GP services in Tower Hamlets. Approximately 16% of City of London residents are registered with GP practices in Tower Hamlets at two main practices (Spitalfields and Whitechapel Health Centre - which also has the satellite practice at Portsoken). The update provided an update for Members on the development of the new Goodman's Fields Health Centre, which will house the Whitechapel Health Centre, and the services that had been provided at the Portsoken Satellite Surgery.

The development of the new Goodman's Fields Health Centre will have green space, which will enhance the space and will provide hotdesking spaces for clinicians and other specialists. The development of the new Goodman's Fields Health Centre is designed in such a way that it can ensure staff can maximize its use and ensure that it provides a welcoming scene. The Committee was shown plans setting out a visual representation of the design.

A Member asked what extra services are expected to be provided at the Centre, will there be a service for patients who are not digitally proficient, and who will carry out the triage.

Officers responded that in terms of the extra services, there are no solid plans in place yet. However, it is anticipated that the site will be used for an array of services such as social prescribers, physio at a network level. There is no agreement with other providers yet, but discussions are happening. The digital aspect is one of the options, there will be a physical reception desk, and operators will also remain. Additionally, in terms of the triage, it is being carried out by a mixture of staff, be it specialists and across a broad range of clinicians.

A Member asked if it would be possible to add minor surgeries and dental services into the service. Officers responded that the initial lease covers health only, and dental care is not factored in. As a primary care provider, dentistry is not part of the package.

A Member asked who will be funding the green spaces at the Goodman's Fields Health Centre Project; officers confirmed that the funding for the Greenspace would come from Section 106 and funding and from Tower Hamlets Council.

RESOLVED – that, Members noted the report.

8. CITY OF LONDON HEALTH AND SOCIAL CARE SCRUTINY COMMITTEE - NEIGHBOURHOODS

The Committee received a report on the Neighbourhoods Programme.

The Committee was informed that the neighbourhoods are part of an approach to integrated health and social care based on joining up healthcare services so that people are supported to live healthy lives and receive the right care and support when they need it.

The neighbourhood model is built around groups of GP practices with a total registered population of 30,000-50,000. Across City and Hackney, eight neighbourhoods have been established, and the City of London is part of the Shoreditch Park and City Neighbourhood. Work is also underway with Tower Hamlet's practices to link in with their integrated care models.

The Committee was further advised that it is intended that by working together, staff across different disciplines can communicate regularly, share knowledge and expertise and coordinate care planning and delivery. Working in this way also allows teams to localize the planning, coordination, and delivery of care for the whole local population. The aim is to support residents in a way that is joined up, community-based, proactive, and focused on the whole needs of a person and their families.

The Committee was further advised that the Neighbourhood principles we are working towards four areas;

1. Engagement with residents will start with what matters to them rather than what is wrong with them.

2. New services will be provided in the Neighbourhood, such as support from physios and health and wellbeing coaches who will deliver support in Shoreditch Park and the City Neighbourhood.
3. For residents who have longer-term care and support needs, they will be supported by a multi-agency team who work together (within each Neighbourhood) to coordinate their needs.
4. This support will be more proactive (rather than reactive at a point of crisis) and therefore prevent or delay rising needs.

The Chairman noted that the COVID-19 jabs are also being provided within the City of London as opposed to having to attend practices in Hackney. This is assisting in making the needs of the residents much more comfortable due to the work of the Neighbourhoods team.

RESOLVED – that, Members noted the report.

9. QUESTIONS ON MATTERS RELATING TO THE WORK OF THE COMMITTEE

A Member asked that the carer's forum voices are taken into consideration and that their concerns are addressed, as in a previous meeting they did not receive the opportunity.

Officers responded that there was a detailed discussion around a presentation on this very matter at the last Community and Children's Services Committee meeting. Some of the issues raised by the members are addressed in the discussions there and can be shared with Members of this Committee. Officers agreed to send a link to the discussion to the Committee.

The Member asked if the carers were consulted on the presentation. Officers agreed to bring the relevant Services Manager to a future meeting of this Committee.

**10. ANY OTHER BUSINESS THAT THE CHAIRMAN CONSIDERS URGENT
Election of Deputy Chairman**

The Chairman informed the Committee that the post would be vacant and if any Members had any interest in expressing their intentions, to do so before the next meeting.

Departure of staff

The Chairman thanked David Maher, Managing Director, City and Hackney CCG and Jane Milligan, Accountable Officer, NEL Sustainability and Transformation Partnership, for their services to the Committee.

11. EXCLUSION OF THE PUBLIC

RESOLVED – That, under Section 100A of the Local Government Act 1972, the public be excluded from the meeting for the following items on the grounds that the involve the likely disclosure of exempt information as defined in Part 1 of Schedule 12A of the Local Government Act.

12. QUESTIONS ON MATTERS RELATING TO THE WORK OF THE COMMITTEE

There were no questions.

13. ANY OTHER BUSINESS THAT THE CHAIRMAN CONSIDERS URGENT AND WHICH THE COMMITTEE AGREE SHOULD BE CONSIDERED WHILST THE PUBLIC ARE EXCLUDED

There was no other business.

The meeting ended at 12.52 pm

Chairman

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